



Llandoverly College

An independent day and boarding school for boys and girls from 3 to 18 years old, set in the heart of the Welsh countryside

Appointment of a

Lead Girls' Rugby Coach

September 2024

Llandovery College



Gwell Dysg na Golud: Our Education is our Wealth

Llandovery College, one of Wales' oldest and most successful independent schools, is situated in a small market town in the heart of the beautiful Tywi Valley, West Wales. Comprising a Nursery School, Prep School and Senior School, our ethos is driven by pride, passion and performance. Our values are compassion, tolerance, kindness, integrity, generosity of spirit combined with a commitment to service and academic excellence.

Our pupils receive a bespoke academic education, tailored to excite and inspire young minds. We provide a stimulating and fulfilling learning environment where, in small class sizes, teachers have time to give children the individual attention they deserve.

With outstanding sporting provision and a legendary rugby heritage, the College provides an excellent rounded educational experience: drama, music, the Combined Cadet Force and outdoor pursuits flourish at the highest level and the College organises a wide range of tours, trips and expeditions.

“Passionate about Sport. Serious about Education”

Home to around 250 pupils, aged 3 to 18, Llandovery College is a close-knit community of boys and girls, boarders and day pupils from Wales, and from all over the World.





Lead Girls' Rugby Coach

Full or part time, post: includes some weekend and evening work

A unique opportunity for a talented and committed rugby coach to drive our growing, exceptional girls' rugby programme.

Job Description

Llandovery College requires an experienced, talented and enthusiastic Girls' Rugby Coach to lead, plan and implement programmes for the College Rugby Programme (girls).

You will ensure high quality sessions are delivered to our students. You should have strong organisational skills and be happy to work under your own initiative as well as part of a team, to a very high standard. You will be emphatic and understanding of the fast paced and constantly changing landscape within a sporting environment at an energetic independent school.

You will support the Director of Rugby. Your main focus will be on supporting the provision of exceptional coaching to U15 and U18 girls.

You should be able to demonstrate a professional, ambitious and child-focused approach, have excellent interpersonal skills to foster good working relationships with staff, pupils, other schools and parents, to effectively promote Rugby.



What we can offer you:

As well as offering meals, gym access and the support of a dedicated and committed staff team, we can also offer you the opportunity to further develop your skills and talents with us.

The role will require a hard-working, enthusiastic individual who will be able to easily fit into a friendly and supportive team of talented and committed teachers who are focused and well-organised.

Interested?

If so, the main duties for this role are to:

- Collaborate with Llandovery College Director of Rugby and appropriate coaching staff to plan short-, mid-, and long-term training schedules that facilitate the physical and strategic development of the female rugby teams.
- Collaborate with the Llandovery College Physiotherapist to integrate and manage injury prevention within the training programme, in addition to plan and manage return-to-play programmes for injured athletes.
- Support coaches to plan and deliver content relating to physical preparation, physical development, and rugby/skill sessions.
- Monitor training intensity and volume of players throughout the year to optimise performance.
- Responsible for testing/monitoring and reporting of all data of the rugby programme throughout the year.
- Provide educational resources to players on aspects of physical development and lifestyle.
- Assist all associated regional strength & conditioning coaches.
- The role will include work on some work on weekends and evenings.



About you

To be considered for the role of Lead Girls' Rugby Coach you will need:

Essential

- 2 years'+ experience working within a coaching role (school or club).
- Level 2 UKCC Qualified Rugby Coach
- Excellent understanding of the requirements and demands of rugby union.
- Strong organisational skills, communication, flexibility, and be a part of a multi-disciplinary team.
- Good IT skills.
- Driver's Licence.

Desirable

- Level 3 UKCC Qualified Rugby coach.
- Undergraduate (BSc) degree in Sports Coaching or related qualification.
- Experience of coaching in a female rugby programme in a school environment.
- Experience of involvement in a high-performance programme as a player or coach.
- The ability to coach hockey to middle school pupils (Year7-10).



Applications

Llandovery College is an equal opportunities employer, we value diversity and are strongly committed to providing equal employment opportunities for all employees and all applications for employment.

Equal opportunities are the only acceptable way to conduct business and we believe that the more inclusive our environments are, the better our work will be.

Llandovery College is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.

This appointment will be conditional on successful pre-employment and enhanced DBS checks.



Please complete a Llandovery College application form, available on our website.

For further information, please contact 01550 723000